**Lauren Ramsey, MD, MBA**

**Curriculum Vitae**

[laurenramseymd@gmail.com](mailto:laurenramseymd@gmail.com)

**Board Certification**

American Board of Surgery

ID# 099414

**Graduate Medical Education**

Baylor University Medical Center, Dallas, TX

Breast Surgical Oncology Fellowship

2023 – 2024

Baylor University Medical Center, Dallas, TX

Department of Surgery

2019 – 2023

Parkland Health and Hospital System, Dallas, TX

Department of Plastic Surgery

2015 – 2019

**Graduate Business Education**

American University Kogod School of Business, Washington, DC

2019 – 2022

M.B.A., 03/2022

Academic Scholarship Recipient

Beta Gamma Sigma International Business Honor Society

**Medical Education**

University of Pittsburgh School of Medicine, Pittsburgh, PA

2011 - 2015  
M.D., 05/2015

Alpha Omega Alpha Honor Medical Society

Class of 2015 President

**Undergraduate Education**

University of Pittsburgh (Honors College), Pittsburgh, PA  
2008 - 2011  
B.S. Neuroscience, 05/2011

Phi Beta Kappa

Summa Cum Laude, 4.00 Cumulative GPA

Delta Delta Delta

Pitt Cheerleading Team

**Work Experience**

05/2008 - 08/2010  
The Walt Disney Company, Orlando, FL  
Professional Entertainer  
Sleeping Beauty at Walt Disney World; performed in shows, parades, and meet-and-greet events throughout the Magic Kingdom and Epcot Center

10/2022 - Present

ProtectMed, LLC

CEO, Founder, Co-Owner

Radiation protection and medical device development

Patent pending - submitted to the United States Patent and Trademark Office 1/2024

**Honors / Awards**

- University of Pittsburgh Senior of the Year Finalist

- Watson Humanism Honor Society

- Northeastern Society of Plastic Surgeons Best Basic Science Award

- Residency Program Class Representative, Parkland Health and Hospital System

- Best Presentation Award, 16th International Conference on Breast Oncologic Surgery, March 3-4, 2022, Rome, Italy

- Top ABSITE Score 2022, Baylor University Medical Center

- Intuitive Da Vinci Xi Surgical System Certificate of Training, April 2023

**Committee Membership and Professional Societies**

- National Accreditation of Program for Breast Centers (NAPBC) Leadership Committee – Resident Liaison, Baylor University Medical Center

- Graduate Medical Education Leadership Committee – Resident Liaison, Baylor University Medical Center

- Residency Wellness Committee, Baylor University Medical Center

- Female Attending and Student Alliance – Resident Mentor, Baylor University Medical Center

- Texas Medical Association Resident Fellow Executive Council:

Representative, Council on Legislation (2016-2018)

Representative, Council on Membership (2016-2018)

- American Medical Association

**Medical Journal Peer Review Experience**

The British Medical Journal

2023 - Present

**Publications**

1. **Zammerilla** **LL**, Shakir S, Naran S, Cray JJ, Smith DM, Wang D, Losee JE, Cooper GM. The In Vitro Regulation of Osteogenic Differentiation by Inflammatory Cytokines. Plastic and Reconstructive Surgery. 2013 May; 131(5S): 152.
2. MacIsaac ZM, Shakir S, Naran S, **Zammerilla LL**, Cooper GM, Losee, JE. Calvarial Reconstruction with BMP-2: Concomitant Treatment with Bone Marrow Cells. Plastic and Reconstructive Surgery. 2013 Oct; 132(4S-1): 146-147.
3. Acartürk TO, Dong ZM, Umfrey L, **Zammerilla** **LL**, Chavanon VA, Vial IN, Manders EK, Russavage JM. Intraoperative Vasopressor Therapy Does Not Affect Free Flap Viability: A Myth Busted. Journal of Reconstructive Microsurgery. 2014 Apr; 30(S 01): 120.
4. **Zammerilla LL**, Zou RH, Dong ZM, Winger DG, Rubin JP, Gusenoff JA. Classifying Severity of Abdominal Contour Deformities After Weight Loss to Aid in Patient Counseling: A Review of 1006 Cases. Plastic and Reconstructive Surgery. 2014 Dec;134(6):888e-94
5. Yilmaz S, Ozolek JA, **Zammerilla LL**, Fitz CR, Grunwaldt LJ, Crowley JJ. Neurofibromas with Imaging Characteristics Resembling Vascular Anomalies. American Journal of Roentgenology. 2014 Dec;203(6):W697-705
6. **Zammerilla LL**. Looking Beyond the Obvious to the Benefits of 4th Year Rotations Away. Plastic Surgery News. 2015 Oct.
7. MacIsaac ZM, **Zammerilla LL**, Grunwaldt LJ. Treatment of the Prominent Ear: A Standardized Approach Without Intraoperative Measurements. Journal of Craniofacial Surgery. 2019 Jan;30(1):228-230.
8. Kenny EM, James IB, Bengür FB, **Zammerilla LL**, Manders EK, Russavage JM, Acartürk TO. Flap Closure of Spinal Defects in High-Risk Patients: A 10-Year Institutional Experience. Ann Plast Surg. 2021 Jun 1;86(6):678-687. doi: 10.1097/SAP.0000000000002821. PMID: 33883433
9. **Westcott LZ,** Ward MA. Techniques for Closing the Hiatus: Mesh, Pledgets and Suture Techniques. Ann Laparosc Endosc Surg 2020;5:16.
10. Roberts CS, **Westcott LZ**. A perspective on first assisting in cardiovascular operations. Proc (Bayl Univ Med Cent). 2022 Apr 15;35(4):572-574. doi: 10.1080/08998280.2022.2057156. PMID: 35754595
11. **Westcott LZ,** Jones RC, Fleshman JW Jr. Development of the Breast Surgical Oncology Fellowship in the United States. Breast J. 2022 May 19;2022:3342910. doi: 10.1155/2022/3342910. PMID: 35711884
12. Roberts CS, **Westcott LZ**. Operative repair of three ascending aortic dissections in one day at Baylor University Medical Center. Proc (Bayl Univ Med Cent). 2022 Jun 6;35(5):581-586. doi: 10.1080/08998280.2022.2078070. PMID: 35991748
13. Wolford DD, **Westcott LZ,** Fleshman JW. Specialization Improves Outcomes in Rectal Cancer Surgery. Surg Oncol. 2022 Aug;43:101740. doi: 10.1016/j.suronc.2022.101740. PMID: 35292183
14. **Westcott LZ,** Wolford D, Maloney TG, Jones RC. Successful treatment of sclerosing mesenteritis with tamoxifen monotherapy. Baylor University Medical Center Proceedings. 2022 Dec:1-3. doi:10.1080/08998280.2022.2153324
15. **Westcott LZ,** Ogola GO, Rees CR (2024). Breast Radiation Exposure and Breast Cancer in Healthcare Workers: A Method for Risk Reduction. The American Society of Breast Surgeons Official Proceedings, Volume XXV 2024 Annual Meeting Scientific Session Abstracts. *Ann Surg Oncol* **31** (Suppl 2), 295–703 (2024). https://doi.org/10.1245/s10434-024-15410-w
16. **Westcott LZ,** Ogola GO, Rees CR. Protecting Our Own: A Method for Reducing Breast Radiation Exposure in Healthcare Workers. Health Phys. 2024 May 6. doi: 10.1097/HP.0000000000001832. Epub ahead of print. PMID: 38709165.

**Poster Presentations**

1. **Zammerilla LL**, Lattanzi, DR, Ramgopal S. (2012). Non-invasive Anemia Screening Among Pregnant Women in Rural Haiti. Poster presented at: The Role of Academic Medical Centers in Addressing Health Disparities Conference; Pittsburgh, PA.
2. **Zammerilla LL**, Shakir S, Cray JJ, Naran S, Smith DM, Losee JE; Cooper GM. (2012). The Role of Inflammation in Bone Healing: Assessing the Effects of Inflammatory Cytokines and Osteogenic Factors on C2C12 Cells in vitro. Poster presented at: Dean’s Summer Research Symposium, University of Pittsburgh School of Medicine; Pittsburgh, PA.
3. Yilmaz S, **Zammerilla LL**, Grunwaldt LJ, Ozolek JA, Goldstein AC, Fitz CR, Crowley JJ. (2013). Histopathologic Diagnosis Of Neurofibroma In Lesion With Imaging Features Resembling Vascular Anomalies. Poster presented at: 56th Annual Meeting of the Society for Pediatric Radiology; San Antonio, TX.
4. **Zammerilla LL,** Vial IN, Chavanon VA, Srivastava U, Zhang X, Russavage JM, Manders EK, Acartürk TO. (2013). Paraspinous Muscle Flaps for Closure of Midline Post-Spinal Surgery Defects. Poster presented at: Ohio Valley Society of Plastic Surgeons, 56th Annual Meeting; Indianapolis, IN.
5. **Zammerilla LL,** Yilmaz S, Ozolek JA, MacIsaac ZM, Crowley JJ, Grunwaldt LJ. (2013). Can Neurofibromas Be Misdiagnosed As Vascular Anomalies: A Review Of 129 Patients. Poster presented at: Ohio Valley Society of Plastic Surgeons, 56th Annual Meeting; Indianapolis, IN.
6. Yilmaz S, **Zammerilla LL**, Ozolek JA, MacIsaac ZM, Goldstein AC, Fitz CR, Grunwaldt LJ, Crowley JJ. (2014). Can Neurofibromas Be Misdiagnosed As Vascular Anomalies: A Review Of 129 Patients. Poster presented at: International Society for the Study of Vascular Anomalies, 20th International Workshop; Melbourne, Australia.
7. **Zammerilla LL**, Dong ZM, Kaplan DJ, Lawrence JD, Dhaliwal A, Mehta KS, Vial IN, Russavage JM, Manders EK, Acartürk TO. (2014). Paraspinous Muscle Flaps for Closure of Midline Post-Spinal Surgery Defects. Poster presented at: Department of Surgery Research Day, University of Pittsburgh Medical Center; Pittsburgh, PA.
8. **Zammerilla LL**, Zou RH, Rubin JP, Gusenoff JA. (2014). Will I Need Plastic Surgery After Weight-Loss? Classifying Abdominal Contour Deformities and Severity to Aid in Patient Counseling, A Review of 1006 Cases. Poster presented at: Plastic Surgery Research Council, 59th Annual Meeting; New York, NY.
9. **Westcott LZ**, Namazi B, Sankaranarayanan G, Ward MA, Leeds SG. (2020). Automated Learning of Laparoscopic Hiatal Hernia Repair Videos to Identify. Poster presented at: American Foregut Society Annual Meeting; Virtual meeting.
10. **Westcott LZ,** Grundy J, Jayaraman K, Ogola GO, Fauveau LR, Kurian AA, Preskitt JT, Wallace LB (2023). The PRO-Prehab Initiative: A Multidisciplinary Referral Algorithm for Breast Cancer Prehabilitation and Follow-U. Poster presented at: Society of Surgical Oncology Annual Meeting; Boston, MA.
11. Kurian AA, Dwyer D, Pina E, **Westcott LZ,** Rana R, Fauveau L, Jayaraman K, Ogola GO, Wallace LB (2023). Utilization of Cancer Prehabilitation Resources for Newly Diagnosed Breast Cancer Patients: An Institutional Experience. Poster presented at: The American Society of Breast Surgeons 24th Annual Meeting; Boston, MA.
12. **Westcott LZ**, Breit C, Wilson E, Hodge H, Dwyer D, Ogola GO, Grant MD, Wallace LB. (2024). The Utility of Sentinel Lymph Node Biopsy in High Grade Ductal Carcinoma in Situ. Poster Presented at: The 41st Annual Miami Breast Cancer Conference; Miami, FL.
13. **Westcott LZ,** Ogola GO, Rees CR (2024). Breast Radiation Exposure and Breast Cancer in Healthcare Workers: A Method for Risk Reduction. Poster presented at: The American Society of Breast Surgeons 25th Annual Meeting; Orlando, FL.

**Oral Presentations**

1. Acartürk TO, Vial IN, **Zammerilla LL**, Chavanon VA, Lu B, Russavage JM, Manders EK. (2013). Paraspinous Muscle Flaps for Closure of Midline Post-Spinal Surgery Defects. Oral Presentation presented at: World Congress of the International Confederation for Plastic, Reconstructive, and Aesthetic Surgery; Santiago, Chile.
2. Chen AF, Farber NJ, **Zammerilla LL**, Nowicki AL, Rao N, Kang JD, Lee JY, Donaldson WF. (2013). Increased Sensitivity of Detecting MSSA Colonization Using Groin and Gluteal Cleft Swabs. Oral Presentation presented at: Musculoskeletal Infection Society, 23rd Annual Open Scientific Meeting; Philadelphia, PA.
3. MacIsaac ZM, Shakir S, Naran S, **Zammerilla LL**, Cooper GM, Losee JE. (2013). Calvarial Reconstruction with BMP-2: Concomitant Treatment with Bone Marrow Cells. Oral Presentation presented at: American Society of Plastic Surgeons Meeting; San Diego, CA.
4. MacIsaac ZM, Shakir S, Naran S, **Zammerilla LL**, Cooper GM, Losee JE. (2013). Calvarial Reconstruction with BMP-2: Concomitant Treatment with Bone Marrow Cells. Oral Presentation presented at: International Society of Craniofacial Surgery; Jackson Hole, WY.
5. **Zammerilla LL**, Shakir S, Naran S, Cray JJ, Smith DM, Bykowski MR, Wang D, Losee JE, Cooper GM. (2013). The Role of Inflammation in Bone Healing: Assessing the Effects of Inflammation-Related Proteins on C2C12 Cells in vitro. Oral Presentation presented at: 12th International Congress on Cleft Lip/Palate and Related Craniofacial Anomalies; Lake Buena Vista, FL.
6. **Zammerilla LL**, Shakir S, Naran S, Cray JJ, Smith DM, Wang D, Losee JE, Cooper GM. (2013). The In Vitro Regulation of Osteogenic Differentiation by Inflammatory Cytokines. Oral Presentation presented at: Plastic Surgery Research Council, 58th Annual Meeting; Santa Monica, CA.
7. **Zammerilla LL**, Vial IN, Chavanon VA, Srivastava U, Zhang X, Russavage JM, Manders EK, Acartürk TO. (2013). Paraspinous Muscle Flaps for Closure of Midline Post-Spinal Surgery Defects. Oral Presentation presented at: Robert H. Ivy Society of Plastic Surgeons, 59th Annual Scientific Meeting; Bethlehem, PA.
8. **Zammerilla LL**, Zou RH, Rubin JP, Gusenoff JA. (2013). Will I Need Plastic Surgery After Weight-Loss? Classifying Abdominal Contour Deformities and Severity to Aid in Patient Counseling, A Review of 1006 Cases. Oral Presentation presented at: Northeastern Society of Plastic Surgeons, 30th Annual Meeting; Washington, DC.
9. **Zammerilla, LL**, Teotia SS, Pezeshk RA, Haddock NT. (2016) High BMI and Autologous Breast Reconstruction: Is it Safe to Perform DIEP Flaps? Oral Presentation at: Texas Society of Plastic Surgeons, San Antonio, Texas.
10. **Westcott LZ**, Fleshman JW, Jones RC (2022). The Breast Surgery Movement: A 50 Year Development of the Surgical Specialty. Oral presentation at: 16th International Conference on Breast Oncologic Surgery, Rome, Italy.
11. **Westcott LZ,** Ogola GO, Rees CR (2023). Protecting Our Own: Reducing Breast Radiation Exposure and Breast Cancer Risk in Healthcare Workers. Oral presentation at: 9th Global Insight Conference on Breast Cancer. Rome, Italy.
12. **Westcott LZ,** Ogola GO, Rees CR (2024). New Updates on How to Reduce Radiation Exposure. Oral presentation at: Cardiovascular Innovations Annual Meeting, Denver, Colorado.

**Volunteer Experience**

- LaCroix New Testament Mission, Haiti; Medical Volunteer

- Christmas in the Park, Dallas, TX; Annual Volunteer

- Women’s Shelter, Pittsburgh, PA: Healthcare Volunteer (2011-2015)

**Hobbies/Interests:**

-Sports

- Theatre

- Peloton

- Pilates

- Half marathons

- Interior design

- Reading

- Family